



Calendar Art Competition & Show

RASASC has launched an exciting competition to create a 2010 calendar to support survivors throughout Surrey. We are asking people to send in paintings or drawings on a theme of "You have brought the sunshine back into my life" – a quote from a past counselling client describing how she felt after completing a course of counselling therapy sessions.



Management Coordinator Sonja describes the objective of the competition: *"The art can be anything such as a landscape, seascape, animal antics, flowers, a snow scene, anything – even just a smiling face! But when you look at it, it must brighten up your day, cheer you up, make you smile and think of good things. We want an uplifting calendar, especially for the colder months when everyone needs a little lift and brightness. Many of our survivors feel depression, but with therapy we can bring that smile back."*

Prizes will be awarded to entrants in three age-categories: under 10s, 11-18 year-olds, and those over 18. The 12 works chosen for the 2010 calendar will also receive a free copy upon its production. The closing date for competition entries is midday on Friday 18th September. The art will then be put on show to the public at the **Guildhall on Guildford's High Street** over two days on **25th & 26th September (Fri & Sat, 10am-4pm)**. Judging will occur early on the morning of the 25th, and judges will include the Mayor of Guildford, Cllr Pauline Searle.

Artwork can be submitted in paint, pen or pencil, but must be no bigger than A3 in size. Entries to be posted or hand-delivered to "Art Competition", North Place Day Centre, Haydon Place, Guildford, Surrey GU1 4ND, or handed to any RASASC representative. We can accept no responsibility for any entries damaged or lost after receipt, but will do our best to return all works safely upon request after the competition.

Entrants should attach a note explaining in under 100 words what inspired the work, and must supply name/age/address, phone and/or e-mail details. Winners will be credited by name, town and age but if you prefer, add "Keep details confidential" and we will credit you as "anonymous". There's no entry fee but if you wish, add a donation cheque payable to "RASASC" or donate via www.rasasc-guildford.org/supportus/donspons.htm

A corporate or private sponsor is also being sought to help fund the calendar's production. If you'd like to contribute to this, or wish to volunteer any help with the Show's open days, or have any competition queries, please contact Sonja at the RASASC office (01483-452900, e-mail admin@rasasc-guildford.org) to discuss. Advice on explaining RASASC to children can be found at www.rasasc-guildford.org/guidelines/explaintochildren.htm

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