

RASASC

Rape & Sexual Abuse Support Centre



PO Box 1009, Guildford
Surrey GU1 9EE

Admin Office: 01483-452900

Evening Helpline: 01483-546400

Counselling: 07757-009840

E-mail: admin@rasasc-guildford.org

Website: www.rasasc-guildford.org

UK Registered Charity No.1059154

Bank Holiday Monday, 3rd May 2010

Charity Gliding Day in aid of RASASC

at

Surrey Hills Gliding Club

Kenley (near Caterham), Surrey CR8 5YG



Come for a great day out while supporting RASASC - Fly for free by raising sponsorship of £50 or more, or buy a "pot luck" flight on the day. Or watch from our picnic area - BBQ, refreshments etc.

RASASC supports male and female survivors of rape or sexual abuse throughout Surrey and surrounding counties. It's a taboo discussion subject, but 1 in 4 people are survivors of some form of sexual abuse - **you never know when someone you know will need our help**. We offer confidential telephone helplines, individual counselling, self-help groups, family support and promote better public awareness. So please support us in whatever way you can. Some 70 dedicated, caring volunteers run all of our services.

Download our **Gliding Day 2010 Info-Pack** from our website (with Information Sheet, Sponsorship Form, Booking Form and useful advice about collecting sponsorships online). Last year's RASASC Gliding Day raised £1,500, which went towards answering 2,300 helpline calls and providing 1,500 hours of individual counselling. We hope to do even better this year.

Sonja (RASASC Mgmt. Coordinator & Fundraiser)

Late booking arrangements

We have limited office cover from 28th-30th April (Weds-Fri), so contact Malcolm Henderson-Begg (Trustee & Event Organiser) to agree booking with form/cheque(s) brought to Kenley on the day.

Via e-mail: malcolmhb@hotmail.com

or via mobile: 07973-629818

Sponsorship target not reached yet? Remember you can still seek sponsors until 1st June.